



# *How to look Great on Your Wedding Day!*

Presented by



**(02) 6651-1766**

Shop 18 Max Murray Mall  
(Down the Lane behind Dick Smith)  
COFFS HARBOUR NSW 2450

# *Dear Bride to Be,*

Deciding how your hair should look on your wedding day is a big decision.

There are many wedding hair and beauty styles to choose from, deciding on the one that will make you look terrific can be confusing and stressful.

Feeling confident about your hair and having your hair and make-up done in a relaxed and friendly environment can set the scene for a fabulous wedding day experience.

We are here to help make your wedding hairstyle choice relaxed and easier.

Having a great wedding hairstyle takes time and planning.

The **Hidden Image Wedding Hair Planner** is full of suggestions and ideas that will help you to look stunning on your wedding day as well as reduce the stress and anxiety that can come from having so much to do in such a small amount of time.

So sit in the sun with a cool, tall glass and read through the Planner. Remember, feel free to call us if you have any questions. We are more than happy to help you with any question you might have about planning your hair and make-up for your wedding day.

*Robyn® the Hidden Image Wedding Team*

# *Hidden Image Hairdressing*

## *Wedding Day Hair & Beauty Planner*

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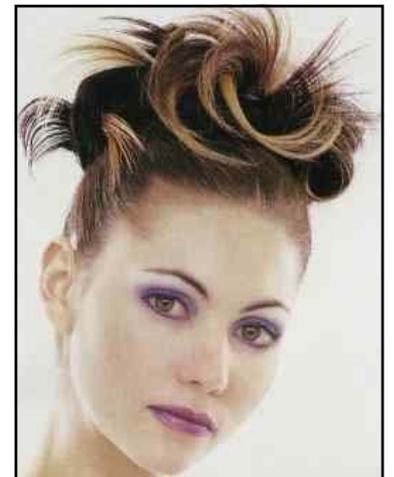
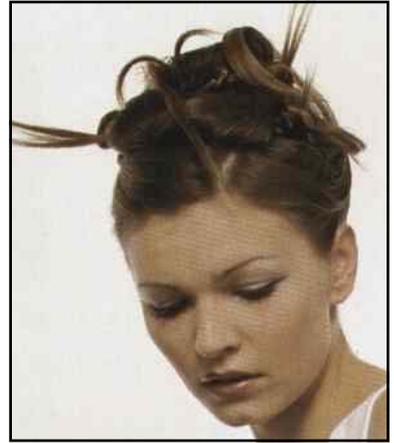
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The information in this booklet is designed to help you create a wedding style that is exciting, memorable and trouble free.

All of us at Hidden Image Hairdressing wish you the very best on your wedding day and would love the opportunity to provide you with a hair style and an image that you will love and remember forever



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# *The secret to wedding day beauty is to prepare early.*

Here are some suggestions that may help your planning process:

## *4 Months Before;*

- ♥ Look through bridal magazines for different styles and to get a feel for what's in fashion and what will feel right for you.
- ♥ Choose a hairdresser and make-up artist that you like and trust.
- ♥ Consult with your hairdresser arrange all the different appointments you and your bridesmaids will need to have your hair looking and feeling good.
- ♥ Decide on your hair cut and colour that you want to have, start experimenting now with colours.
- ♥ Begin weekly deep conditioning treatments for healthy, shiny hair.
- ♥ Discuss a skin care routine with make up artist and start monthly facials.

## *3 Months Before :*

- ♥ Have your hair cut every four to six weeks to keep it in shape and no split ends.
- ♥ Make an appointment with your hairdresser to discuss your wedding hairstyle, schedule a trial hair session.
- ♥ Schedule make up trials with your make up artist.

## *The Month Before:*

- ♥ Have trial on your make up with your make up artist.
- ♥ Have a trial hair style with your hairdresser, with your hair piece and veil.
- ♥ Drink plenty of water to keep skin clear and body fresh
- ♥ If you're colouring or perming your hair for the wedding do so now.
- ♥ Purchase and test your wedding skin, hair and make up products.

## *2 Weeks Before;*

- ♥ Have a facial (only if you're having them regularly)
- ♥ Have your hair cut or trimmed and your colour or highlights touched up.

## *1 Week Before;*

- ♥ Have your eyebrows shaped.
- ♥ Have your upper lip waxed.
- ♥ Have a bikini and leg wax.
- ♥ Call your hairstylist and confirm appointment and any requests you have.



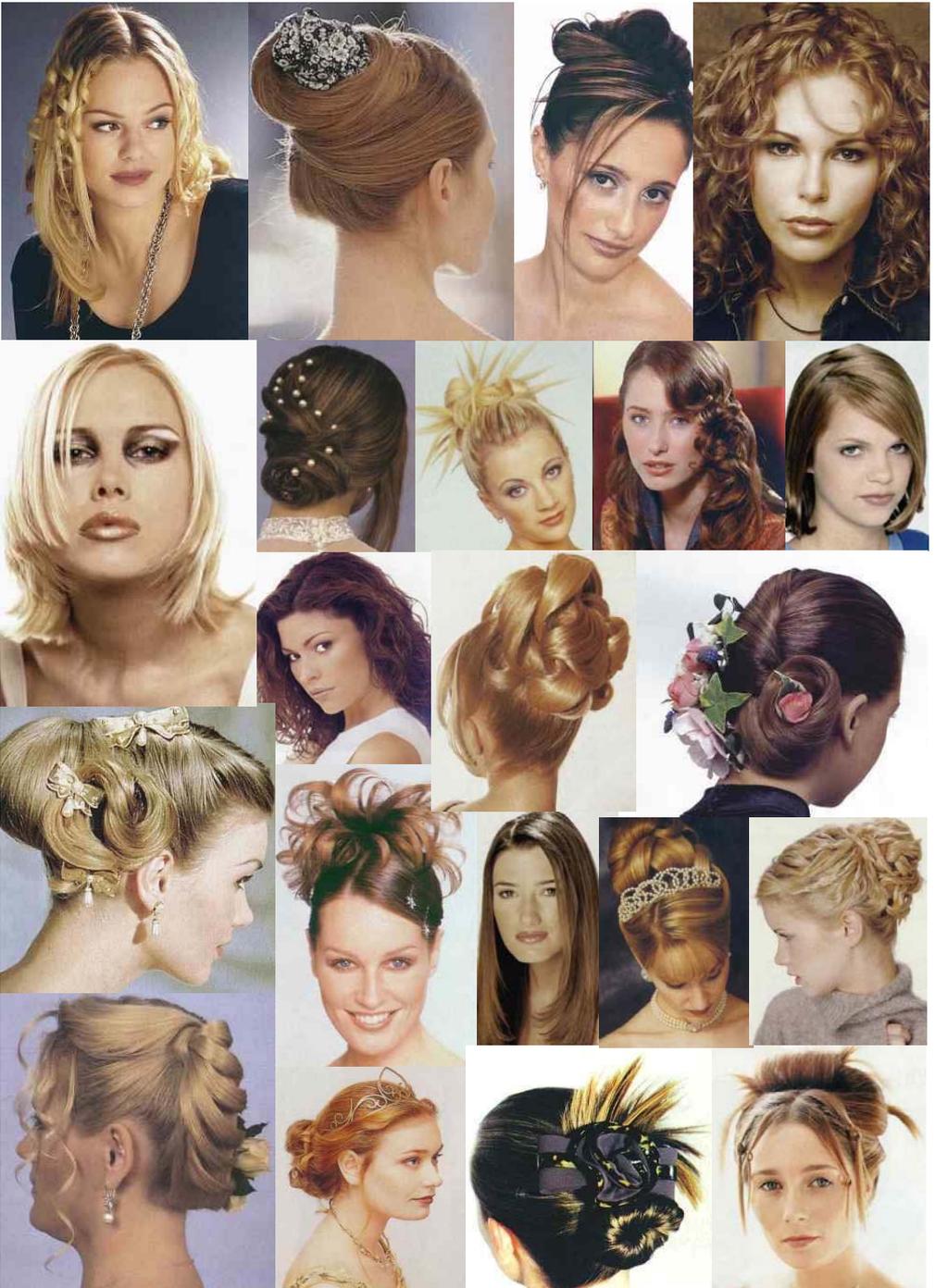
## *Day Before;*

- ♥ Have a manicure and pedicure
- ♥ Have a massage
- ♥ Gently exfoliate your skin and moisturise well
- ♥ **Prepare a beauty emergency kit containing:**
  - Lip gloss
  - Cotton buds and balls
  - Makeup remover
  - Moisturiser
  - Bobby pins
  - Hairspray
  - Translucent powder
  - Hairbrush & comb
  - Breath mints
  - Eye drops
  - Nail polish

With this kit close to hand, you will be well prepared for any little emergency.

## *On Your Wedding Day:*

- ♥ Give yourself plenty of time to get ready.
- ♥ Don't Skip breakfast, it could be along time before the next meal.
- ♥ Relax and Smile- you are getting married!!
- ♥ You know, the day just fly's by so fast. In all the business and pressure, don't forget to savour the moment, enjoy yourself.
- ♥ You have been planning and dreaming of this day for a long time, have a great day, no little problem is worth damaging the most important day of your life over.



The hairstyles in this guide are a sample of the styles we can create for you. If you can't see any suitable styles here ask us to show you one of our many style books. If you have your own idea regarding your style please ask us and we will work with you to create your dream wedding hair.

## *Some Do's and Some Don'ts to Consider;*

### *Do's;*



- ♥ Decide on a hairstyle before you choose your veil or hairpiece. Wedding hair accessories and headpieces should not overpower your hair. If you plan to wear an elaborate hairpiece, your hairstyle should be kept minimal and simple.
- ♥ Bridesmaid's jewellery should be kept simple; the entire bridesmaid party could have one theme for their wedding hairstyles that will match the style of the dress.
- ♥ Play with a few styles before finalising your look.
- ♥ Visit your hairdresser at least 4 months before the wedding to set up a hair care routine and any appointments you may need.
- ♥ **Consult a make-up artist** to discuss colours that will harmonise with your skin tone and eye colour plus emphasise your wedding hairstyle and colour.
- ♥ Have any hair colour changes at least 4 months before the wedding to get the exact colour that will enhance your wedding hairstyle.
- ♥ Do a deep conditioning treatment regularly to keep your hair healthy and shiny.

- ♥ Have regular facials for blemish free skin, starting 4 months in advance to avoid any breakouts before the big day.
- ♥ **Organise a Style Trial** a month before the wedding. Don't forget to take your headpiece and veil so we can see if they work well with your chosen style. It might be an idea to leave the veil or hair piece in for a hour or so, this way we will be able to identify and potential problems; Will the hair stay? Are the pins comfortable? Do you still like the style? Will you be removing the veil or headpiece? Does the style need adjusting accordingly? **Now is a great time to “test run” your hairstyle** and iron out any issues before the big day.
- ♥ 2 weeks before the wedding have your hair colour and highlights refreshed, also have a final hair trim to ensure your hair is in the best condition and shape. This will provide a solid foundation for a great wedding day hairstyle.
- ♥ Talk with your hairdresser to set up a shampooing and conditioning schedule for the days before the wedding. It is not advised that you shampoo your hair on the day of your wedding, as it can make the hair to slippery to work with. Remember, different hair types require different hair care.
- ♥ Wear a button down shirt when getting your hair done on your wedding day, (not a t-shirt) this way you won't ruin your hair when taking your shirt off
- ♥ **Relax and enjoy being pampered this is your day.**

# Don'ts:



- ♥ Don't forget your Mum, she will want to look great too.
- ♥ Don't make hairstyle changes within 2 months of your wedding day.
- ♥ Don't dye your hair at home.
- ♥ Don't change your hair colour 2 months before the wedding.
- ♥ Don't let any one talk you into any thing unless you really love it!
- ♥ Don't use unfamiliar products on the day – you may have an allergic reaction.
- ♥ Don't wash your hair on the wedding day – it could make your hair too slippery to work with.
- ♥ Don't have your hair styled too early before the ceremony – it's a long day.
- ♥ Don't have chemical services too close to the wedding, if your hair isn't healthy, it won't look good or shine on the day.
- ♥ Don't have a facial just before the wedding if you haven't been having them regularly – as you could have a major break out.



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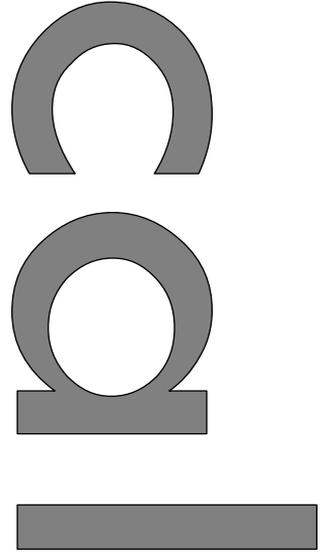
## *Introducing;*



- ♥ At Hidden Image Hairdressing we take great pride in providing you with excellent hair care, in a relaxed and friendly atmosphere.
- ♥ Each of our Wedding Team has the training and experience that will help you create a beautiful style that flatters your face shape. Making your day just that little extra special.
- ♥ When it comes to having perfect hair we will help make your wedding day or formal run as smoothly as possible, making your day just that little extra special.
- ♥ You will have our upmost attention so you can relax and enjoy the day. At Hidden Image Hairdressing we will pamper you either in our salon or at your desired location.

# *Introducing;*

Cal is an make-up artist's artist. She has many years experience in creating stunning faces that not only are sure to impress but also reflect the mood or emotion that you want to present: sexy, alluring, confident, bold or wild and exotic. Cal will create a look that you and others will love.



Cal operates out of Hidden Image Hairdressing, her own studio or wherever you desire.

Cal's price list and booking details are available from the salon.



*Wedding and Formal Hair  
and Beauty Services.*



**Hair Services**

**Call our Salon on  
(02) 6651-1766  
for our latest wedding  
packages and prices!**





**The Special Event Specialists**

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